



MINUTES

Mental Health & Substance Use Leadership Committee Meeting

Thursday, May 20, 2025

3:30-5:00 PM

Educational Services, Conference Room

Chair: Laura Conboy

Recorder: Wendy Fisher

Attendees: Laura Conboy, Wendy Fisher, Scot Gillam, Maggie Farmer, Rae McDonald, Adam Andrecyk, Kristy Luffman, Dr. Megan Brunet, Gillian Gunn, Melissa West, Valerie Arsenault, Shawn Quigley, Ellyn Clost-Lambert, Chelsie Boucher, and Laura Gillam.

Regrets: Shawn Lowe, Cherly Snider, Amanda Posadowski

Agenda Items	Discussion/Decisions	MRP
1. Welcome / Land Acknowledgement	Laura Conboy extended a welcome to committee members. She encouraged members to consider offering personal land acknowledgments at future meetings.	L. Conboy
2. Approval of Agenda	Motion to approve the agenda by Wendy Fisher. Motion seconded by Rae McDonald.	All
3. Approval of Minutes	Motion to approve the minutes by Gillian Gunn. Motion seconded by Chelsea Boucher.	All
4. Community Partner Updates	Shawn Quigley provided an overview of Youth Diversion services to LDSB for the 2024-2025 fiscal year. Shawn provided a summary of the students supported by Kairos, indicating that 45% were at “medium” or “high” priority for receiving support. Out of 142 clients screened with the GAIN-SS, 74% showed “moderate” to “high” concerns. There has been an increase in moderate to high concern regarding high crime violence, including criminal activity associated with substance abuse, such as stealing and physical assaults.	S. Quigley

	Adverse Childhood Experiences (ACEs) data is collected. The data reflects all students served, not just those who attend LDSB. 63% of youth had three or more ACEs. 342 had a parent with substance use issues. 8% of youth indicated that they were homeless, living rough, couch surfing, or living with significant others. Mental health issues are on the rise, with clear distinctions between suspected and diagnosed cases. 63% of youth reported school issues, including suspensions and expulsions. Shawn expressed that as a community, we are not effectively reaching families. How do we engage caregivers? We need to stop expecting that they will come to us. We need to go to them. Shawn provided an overview of the upcoming "KFL&A Unnamed Youth Project." The hope is that 200 youth attend the day.	
5. Review of 2025-2028 MHSUA Strategy	Laura provided the committee with a draft copy of the 2025-2028 Mental Health, Substance Use, and Addiction Strategy for review and discussion. Laura and Scot Gillam will bring the Strategy to senior team on June 9, 2025 for their review and input. The final version of the document will be posted on the Board website by June 30, 2025.	All
6. Balanced Device Use Field Test	This item will be deferred to fall 2025 due to time constraints.	W. Fisher
7. Student Census Consultation	Ellyn Clost-Lambert and Laura Gillam (Research and Data Analysts) returned to collect more feedback from committee members on specific questions proposed for the upcoming Student Census. Ellyn invited the committee to contact her with any further feedback.	E. Clost-Lambert / L. Gillam
8. Adjournment	Laura adjourned the meeting. Meeting dates for the 2025-2026 school year will be sent out prior to the end of this school year.	L. Conboy